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Laura and Steve Karlen welcome John Paul, Their NaPro TECHNOLOGY Miracle Baby

Madison, WI--Like many young couples, Steve and Laura Karlen hoped for a large family. When their first child, Peter, was born ten months after their wedding in 2007, they assumed they were joyfully on their way to fulfilling their dreams. However, after Peter's birth, Laura had trouble conceiving again. She and Steve met with gynecologists and other specialists and, much to the couple's frustration, none of them were able to properly diagnosis Laura's condition. And, like many secular doctors, the prescribed "cure" was to put Laura on contraceptive pills, to treat the symptoms rather than the condition. As devout Catholics who are deeply involved in the Pro-life community, the Karlens knew about the harmful effects of artificial "birth control." Thankfully Steve, the first Director of Development at Our Lady of Hope Clinic, knew where to turn. Steve and Laura were already benefactors of the Clinic, and, as such, were eligible for Natural Family Planning consultations with Dr. Michael Kloess. Dr. Kloess is trained in NaProTECHNOLOGY, a relatively new women's health science that monitors and maintains a woman's reproductive and gynecological health. It is used to diagnose and treat a wide spectrum of gynecological concerns. "One of the things that make Our Lady of Hope Clinic so special is that Dr. Kloess spends so much time with each of his patients. He spent a lot of time with Laura, going through her medical history, and by the end of our first NFP consultation, he said 'I think I know what the problem is.' Dr. Kloess ran a series of test, and by our second appointment, he was able to diagnosis Laura with Polycystic Ovarian Syndrome," said Steve. As a 100% Pro-life practitioner, Dr. Kloess does not prescribe contraceptive pills. Instead, he treated Laura with Progesterone supplements.

While Laura was able to conceive again, she lost two children to tragic miscarriages. However, last winter Steve and Laura received the joyful news that Laura was expecting again. Because Dr. Kloess is a family practitioner, his pregnant patients receive their prenatal care by an OBGYN after the first trimester. However, as a physician with a concierge practice, Dr. Kloess continued to monitor Laura's hormone levels throughout her pregnancy. "Because Laura's levels were up and down and because we had experienced two previous miscarriages, we were extremely nervous throughout this pregnancy." Steve explained, "Dr. Kloess was there to answer every question we had, day and night, which helped to keep us calm. We also knew that he was praying for us."

On October 3, 2012, Laura, Steve, and Peter welcomed John Paul Karlen into the family. "It's been so much fun to see Peter as a big brother," Steve recently said. "We are so grateful to Dr. Kloess and his knowledge of NaPro TECHNOLOGY. John Paul is living proof that Natural Family Planning works!"

For additional information on Our Lady of Hope Clinic, please visit our website at www.ourladyofhopeclinic.org, or contact Julie Jensen, Director of Development, at (608) 957-1137 or Julie@ourladyofhopeclinic.org.